

2010 CBT/OTEP 435 Abdominal Pain
EMERGENCY MEDICAL SERVICES

SKILLS CHECKLIST
FOR RECERTIFICATION

CBT/OTEP 435 Abdominal Pain

NAME <small>PRINT STUDENT'S NAME</small>	ID #	DATE
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Objective: Given a partner, appropriate equipment and a patient with abdominal pain, demonstrate appropriate assessment and treatment as outlined in CBT/OTEP 435 and EMT Patient Care Guidelines.

SCENE SIZE-UP (must verbalize)

- BSI
 Scene Safety
 Determines NOI/MOI
 Number of Patients
 Additional Resources

INITIAL ASSESSMENT (must verbalize)

- | | | | | | |
|--|----------------------------------|------------------------------------|--------------------------------------|---|--|
| <input type="checkbox"/> Mental Status | <input type="checkbox"/> Airway | <input type="checkbox"/> Breathing | <input type="checkbox"/> Circulation | <input type="checkbox"/> Body Position | <input type="checkbox"/> SICK |
| <input type="checkbox"/> Chief complaint | <input type="checkbox"/> C-spine | | <input type="checkbox"/> Bleeding | <input type="checkbox"/> Obvious Trauma | <input type="checkbox"/> NOT SICK |

SUBJECTIVE (FOCUSED HISTORY)

- Establishes **rapport** with patient (reassures and calms) and obtains **consent to treat** (implied/actual)
- Determines patient's **chief complaint**
- Follows **SAMPLE** and **OPQRST** investigation (if possible)
- Obtains names/dosages of current **medications** (if possible)

OBJECTIVE (PHYSICAL EXAM)

- Records and documents **baseline vital signs**
- Performs appropriate **medical / trauma exam** - exposes/checks for bleeding and/or injuries
- Performs a **proper abdominal exam**
- Obtains second set of vital signs and compares to baseline

ASSESSMENT (IMPRESSION)

- Verbalizes **impression**
- Determines if **ALS is needed** — states rationale _____

PLAN (TREATMENT)

GENERAL CARE (Check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> Indicates need for ALS and/or immediate transport (SICK) | <input type="checkbox"/> Performs proper spinal immobilization if needed |
| <input type="checkbox"/> Considers postural vital signs exam | <input type="checkbox"/> Initiates steps to prevent heat loss |
| <input type="checkbox"/> Administers appropriate rate and delivery of oxygen (as indicated) | <input type="checkbox"/> Monitors patient vital signs |
| <input type="checkbox"/> Applies dressings/bandage to wound (as indicated) | <input type="checkbox"/> Considers index of suspicion |
| <input type="checkbox"/> Properly positions patient | <input type="checkbox"/> Performs ongoing assessment |
| | <input type="checkbox"/> Performs glucometry/oximetry |
| | <input type="checkbox"/> _____(additional) |

CRITICAL (FAIL) CRITERIA

DID NOT...

- Take/verbalize **BSI**
- Appropriately provide/manage airway, breathing, bleeding control, treatment of shock
- Administer appropriate rate and delivery of **oxygen**
- Indicate need for **ALS and/or immediate transport** (SICK)

COMMUNICATION AND DOCUMENTATION

- Delivers timely and effective **short report** (if indicated)
- Completes SOAP narrative portion of incident response form

MEETS STANDARDS (RECERT)

- YES NO
2nd ATTEMPT
 YES NO

EVALUATOR SIGN YOUR NAME

ID #

IF NO EXPLAIN

Student Name _____

Recert Yes No

Date _____

Written Score _____

(online / other)

