

# 2006 Summary of BLS ABCD Maneuvers for Adults, Children, and Infants

MANEUVER	ADULT	CHILD	INFANT
	HCP: Adolescent and older	HCP: 1 year to adolescent	Under 1 year of age
<b>ACTIVATE:</b> Emergency Response Number (lone rescuer)	Activate when victim found unresponsive <b>HCP:</b> if asphyxial arrest likely, call after 5 cycles (2 minutes) of CPR	Activate after performing 5 cycles of CPR For sudden, witnessed collapse, activate after verifying that victim unresponsive	
<b>AIRWAY</b>	Head tilt-chin lift (HCP: suspected trauma, use jaw thrust)		
<b>BREATHS:</b> Initial	2 breaths at 1 second/breath <b>(chest rise)</b>	2 effective breaths at 1 second/breath <b>(chest rise)</b>	
<b>HCP:</b> Rescue breathing without chest compressions	10 to 12 breaths/minute (approximately 1 breath every 5 to 6 seconds) <b>(chest rise)</b>	12 to 20 breaths/minute (approximately 1 breath every 3 to 5 seconds) <b>(chest rise)</b>	
<b>HCP:</b> Rescue breaths for CPR with advanced airway	8 to 10 breaths/minute (approximately 1 breath every 6 to 8 seconds)		
<b>Foreign-body airway obstruction</b>	<b>Responsive:</b> Abdominal thrusts <b>Unresponsive:</b> CPR with airway check		<b>Responsive:</b> Back slaps and chest thrusts <b>Unresponsive:</b> CPR with airway check
<b>CIRCULATION:</b> <b>HCP:</b> Pulse check (≤ 10 seconds)	Carotid ( <b>HCP</b> can use femoral in child)		Brachial
Compression landmarks	Center of chest, between nipples		Just below nipple line
Compression method (Push hard and fast) (Allow complete recoil)	<b>2 Hands</b>	<b>2 Hands</b> <b>OR</b> <b>1 Hand:</b> Heel of 1 hand only	1 rescuer: 2 fingers <b>HCP:</b> 2 rescuers: two thumb-encircling hands technique
Compression depth	1 ½ to 2 inches	Approximately 1/3 to 1/2 the depth of the chest	
Compression rate	Approximately 100/minute		
Compression-ventilation ratio	30:2 (1 or 2 rescuers)	30:2 (single rescuer) <b>HCP:</b> 15:2 (2 rescuers)	
<b>DEFIBRILLATION:</b> <b>AED</b>	Use adult pads only.	No AED use for infants and children less than 8 years of age	