

New CPR/Defibrillation Protocol: effective as soon as practical

Assess ABCs. If not breathing, open airway and provide two ventilations. If no pulse, perform chest compressions while attaching defibrillator. Give verbal report and count compressions. When defibrillator is attached complete 30 compressions, clear patient, analyze rhythm, and shock if indicated. Always complete 30 compressions prior to any rhythm analysis. Subsequent CPR intervals should always begin and end with 30 chest compressions and each interval should be 2 minutes (or slightly longer depending when 30 compressions end).

Exception: When the patient goes into VF while monitored or attached to an AED a defibrillatory shock may be administered immediately.

Teaching points: The goal is to have the heart full of blood before and after each shock. This is achieved with 30 compressions

The sequence is 2: 30: analyze (shock): 30: 2: 30: 2: 30: 2: 30: reanalyze (shock or check pulse)

Summary: First interval starts with 2 ventilations. Complete 30 compressions prior to first analysis. Subsequent intervals start and end with 30 compressions and are 2 minutes (or slightly longer depending when 30 compressions end)

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