

October 6, 2009

To: All King County Training Officers and Affiliated Agencies

From: King County EMS Training and Education

Re: 2010 CBT/AED Instructor Workshops

King County EMS Training and Education announces the CBT Instructor Workshops for the 2010 season. Attendance at one of the workshops is required for *all instructors* who plan to teach CBT and/or AED in **2010**.

***NOTE: King County paramedics (who teach/evaluate CBT) are required to attend the morning session only. The afternoon will include EMT practical skills that will allow instructors to complete their skill requirements for all 2010 CBT modules. Those EMT CBT instructors in attendance who demonstrate King County skill standards at this session will require no further practical skill evaluations for the 2010 season.***

Pre-requisites for CBT/AED Instructor certification are as follows:

- A minimum of three (3) years of EMT field experience with one re-certification, or current King County Paramedic certification.
- Fire Service Instructor One is recommended

**Available workshops, with number of open spaces are being held on the following dates and locations:** (sign-up at [www.emsonline.net](http://www.emsonline.net) and see the link: CBT workshops)

30 spaces - Tuesday, November 3rd- Eastside Fire Training #HQ, 175 Newport Way NW

30 spaces - Monday, November 9<sup>th</sup> - Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces - Tuesday, November 10<sup>th</sup> - Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces – Monday, November 16<sup>th</sup> - Eastside Fire Training #HQ, 175 Newport Way NW

30 spaces- Wednesday, November 18<sup>th</sup> - Woodinville Fire #31, 17718 Woodinville/Snohomish Rd

30 spaces - Friday, November 20<sup>th</sup> - Woodinville Fire #31, 17718 Woodinville/Snohomish Rd

30 spaces - Tuesday, December 1st- Woodinville Fire #31, 17718 Woodinville/Snohomish Rd

30 spaces – Friday, December 4<sup>th</sup> - Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces - Saturday, December 5<sup>th</sup> - Eastside Fire Headquarters, 175 Newport Way

30 spaces - Wednesday, December 9<sup>th</sup> - Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces - Thursday, December 10<sup>th</sup> - Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces - Monday, December 14<sup>th</sup> - Eastside Fire Headquarters, 175 Newport Way

30 spaces - Wednesday, December 16<sup>th</sup> - Woodinville Fire #31, 17718 Woodinville/Snohomish Rd

30 spaces - Monday, January 4<sup>th</sup> - Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces- Tuesday, January 5<sup>th</sup>- Kent Fire Training #74, 24611-116<sup>th</sup> Ave SE

30 spaces - Friday, January 8<sup>th</sup> - Woodinville Fire #31, 17718 Woodinville/Snohomish Rd

30 spaces - Monday, January 11<sup>th</sup> - Woodinville Fire #31, 17718 Woodinville/Snohomish Rd  
30 spaces - Tuesday, January 12<sup>th</sup> - Woodinville Fire #31, 17718 Woodinville/Snohomish Rd  
30 spaces - Thursday, January 14<sup>th</sup> - Eastside Fire Headquarters, 175 Newport Way  
30 spaces - Monday, January 18<sup>th</sup> - Eastside Fire Headquarters, 175 Newport Way

***NOTE: Instructors need only attend one session***

**Agenda for the CBT workshops include:**

**8:30 - 11:30**

- *NEW/Updated* Defib/CPR Protocols, and CPR Practicals  
- *includes update to the new Patient Care Guidelines*

*\*This class will allow CBT instructors to evaluate “in-house” AED/CPR classes only and not public classes. Those EMTs and paramedics who wish to teach the AHA curriculum to the public will have to complete an approved 3 hour AHA Instructors Endorsement Course (locations will be offered throughout King County). Please contact AHA at 1-877-242-4277 or Email [www.Americanheart.org](http://www.Americanheart.org) for class schedules & locations.*

**2010 CBT Modules include:**

CBT301 — Soft Tissue Injuries - Burns  
CBT435 — Abdominal Pain - Belly exam  
CBT443 — Altered Mental States - Voluntary commit exam  
CBT537 — Pediatric Emergencies - Spinal immobilization, Child abuse  
CBT165 — SICK/NOT SICK - MOI  
CBT938 -- Street Medicine - Crime Scenes, Safety

**11:30 - 12:15** Break for Lunch (on your own)

**12:15 - 5:00** CBT Skill Practicals

**\*Prior, on-line registration is required:** Each department is allocated one spot per instructor per shift per station. There is a maximum capacity of 30 per class.

- (*Sign-up at [www.emsonline.net](http://www.emsonline.net) and see the link: CBT workshops*)-

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If you have any questions, please call (206-263-8585) or contact Michelle Lightfoot at [michelle.lightfoot@kingcounty.gov](mailto:michelle.lightfoot@kingcounty.gov) , additionally, you can contact Terry Sinclair at 206-263-8617 (office) or 206-423-5429 (cell) or [terry.sinclair@kingcounty.gov](mailto:terry.sinclair@kingcounty.gov) .

Thank you for being a vital part of EMT/CBT training,

Regards,

Team CBT at King County EMS