

If you have any comments or questions, please call your local fire department during normal business hours.



For more information on low blood sugar, you can call the

American Diabetes Association

1-800-DIABETES
(1-800-342-2383)

or go online to
www.diabetes.org

Low Blood Sugar

After Care Instructions

Date: _____

EMT: _____

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Your fire department measured your blood sugar during your medical emergency. Prior to treatment, your blood sugar level was _____.

Your hypoglycemic episode was treated by the following method:

- No Treatment**
The EMTs gave no immediate treatment because _____
- Oral Glucose** _____ gm
- Other** _____

After administration of glucose and/or prior to the departure of the EMS Team, your blood sugar level was _____.

You may be called in a week or two in order to find out how you are doing.

If you are choosing to stay at home:

- Eat a **FULL MEAL NOW**.
- Contact your doctor before you take your next insulin dose. If you are unable to contact your doctor, reduce your next insulin dose by 25%. **Keep trying to contact your doctor.**
- Check your blood sugar frequently for the next several hours.
- **DO NOT:** stay alone or drive/operate dangerous machinery for the next six (6) hours
- If your condition worsens or initial signs and symptoms return, **CALL 911 IMMEDIATELY!**

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