

Questions about this alert
206-263-8672



For more information on high blood pressure, you can call the **American Heart Association**

1-800-AHA-USA-1
(1-800-242-8721)

or go online to

www.americanheart.org

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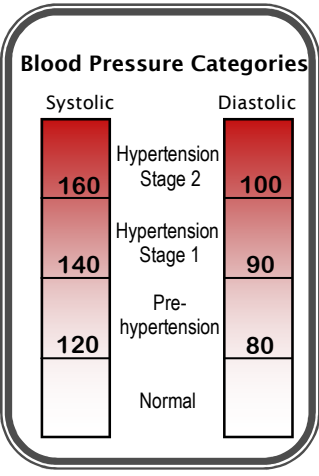
www.americanheart.org

High Blood Pressure Alert

Your fire department took your blood pressure during your medical emergency. **Your blood pressure was very high.**

Date: _____
 EMT: _____
 Your blood pressure:
 Systolic: _____
 Diastolic: _____

FOLD



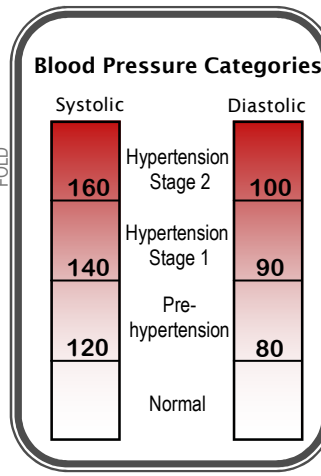
High blood pressure can lead to life-threatening disease such as heart disease or stroke or kidney failure. There are effective treatments for lowering high blood pressure. You need to discuss this with a doctor.

We recommend that you have your blood pressure checked again as soon as possible. You may be called in a week or two in order to find out how you are doing.

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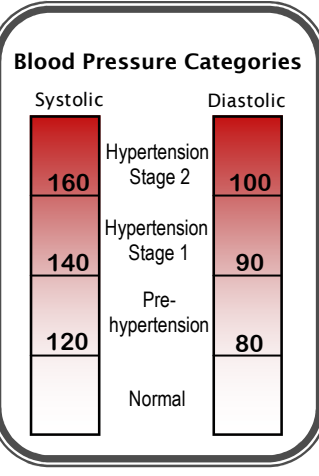
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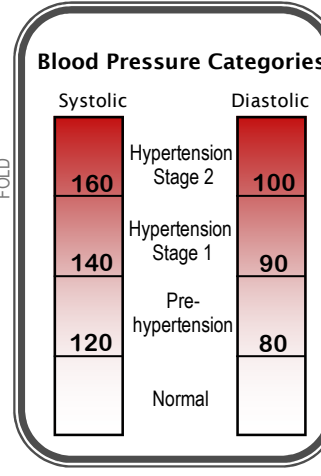
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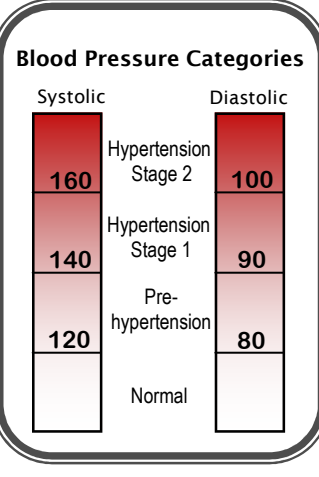
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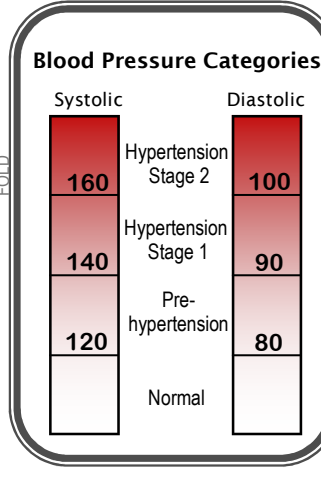
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