

Questions about this alert  
206-263-8672



## High Blood Pressure Alert

For more information on high blood pressure, you can call the **American Heart Association**

**1-800-AHA-USA-1**  
(1-800-242-8721)

or go online to

[www.americanheart.org](http://www.americanheart.org)

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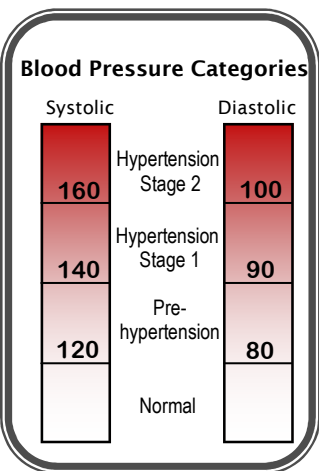
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Your fire department took your blood pressure during your medical emergency. **Your blood pressure was very high.**

Date: \_\_\_\_\_  
 EMT: \_\_\_\_\_  
 Your blood pressure:  
 Systolic: \_\_\_\_\_  
 Diastolic: \_\_\_\_\_

FOLD



High blood pressure can lead to life-threatening disease such as heart disease or stroke or kidney failure.

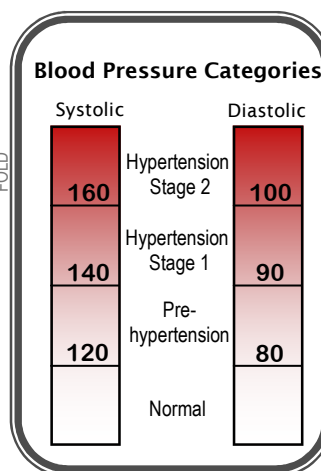
There are effective treatments for lowering high blood pressure. You need to discuss this with a doctor.

**We recommend that you have your blood pressure checked again as soon as possible.** You may be called in a week or two in order to find out how you are doing.

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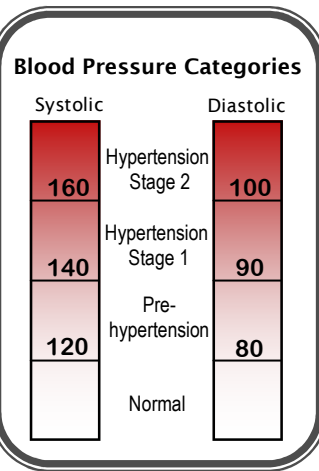
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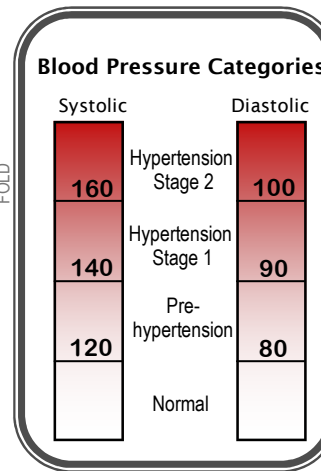
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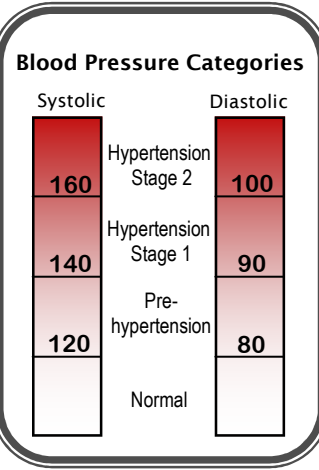
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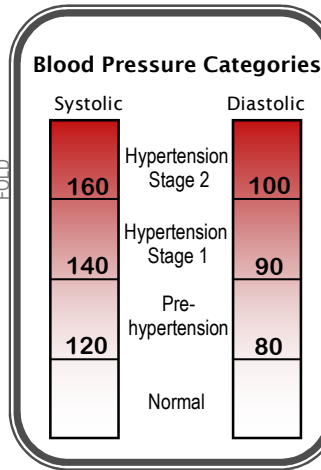
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