

Questions about this alert
206-263-8672



High Blood Pressure Alert

For more information on
high blood pressure, you
can call the **American
Heart Association**

1-800-AHA-USA-1
(1-800-242-8721)

or go online to

www.americanheart.org

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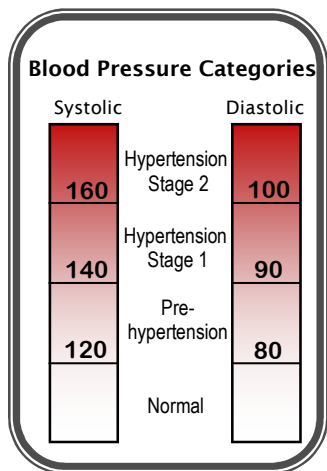
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Your fire department took your blood pressure during your medical emergency. **Your blood pressure was very high.**

Date: _____
 EMT: _____
 Your blood pressure:
 Systolic: _____
 Diastolic: _____

FOLD



High blood pressure can lead to life-threatening disease such as heart disease or stroke or kidney failure.

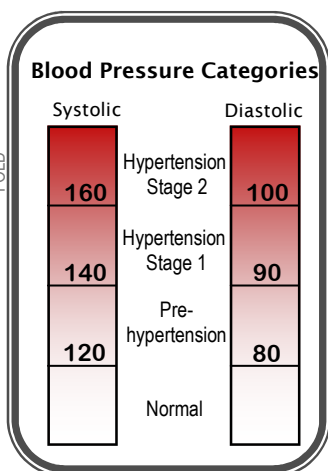
There are effective treatments for lowering high blood pressure. You need to discuss this with a doctor.

We recommend that you have your blood pressure checked again as soon as possible. You may be called in a week or two in order to find out how you are doing.

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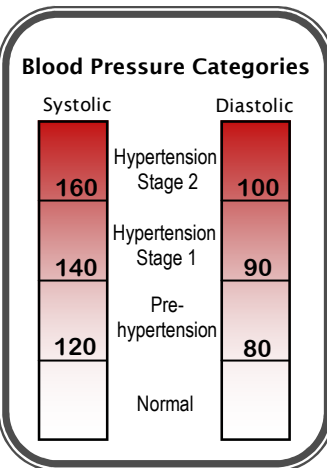
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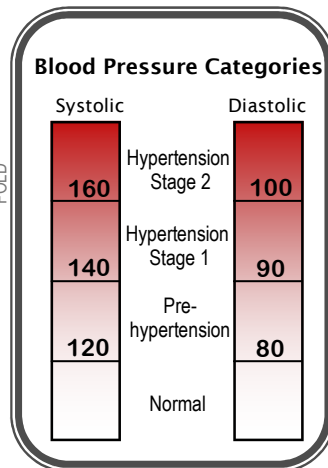
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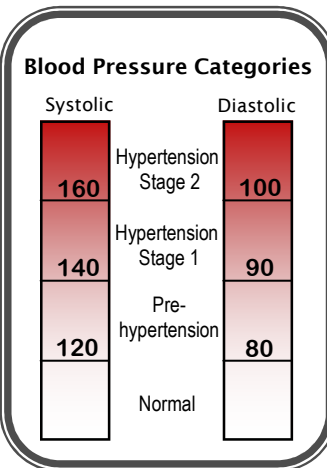
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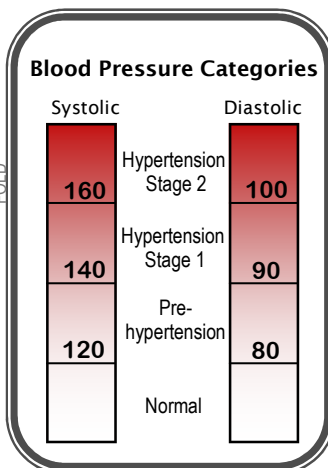
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