

Questions about this alert  
206-263-8672



## High Blood Pressure Alert

For more information on  
high blood pressure, you  
can call the **American  
Heart Association**

**1-800-AHA-USA-1**  
(1-800-242-8721)

or go online to

[www.americanheart.org](http://www.americanheart.org)

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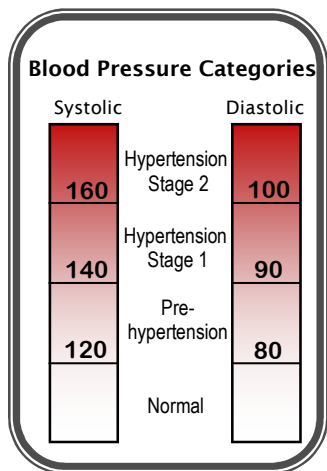
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Your fire department took your blood pressure during your medical emergency. **Your blood pressure was very high.**

Date: \_\_\_\_\_  
EMT: \_\_\_\_\_  
Your blood pressure:  
Systolic: \_\_\_\_\_  
Diastolic: \_\_\_\_\_

High blood pressure can lead to life-threatening disease such as heart disease or stroke or kidney failure. There are effective treatments for lowering high blood pressure. You need to discuss this with a doctor.

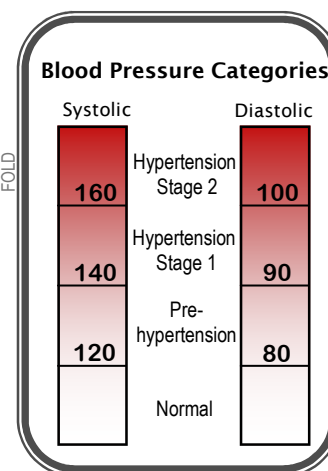


*We recommend that you have your blood pressure checked again as soon as possible.* You may be called in a week or two in order to find out how you are doing.

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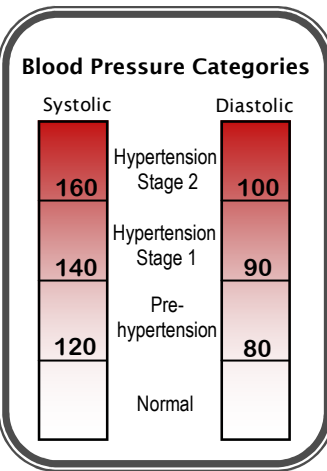


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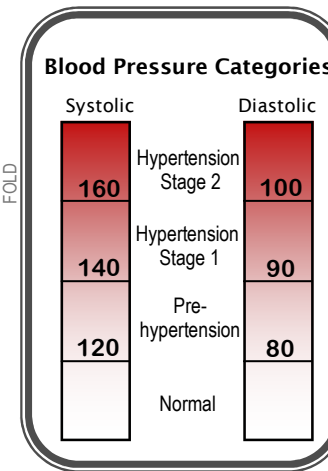


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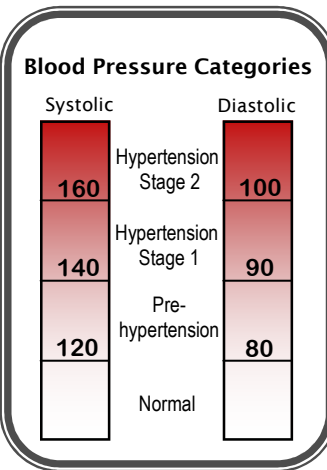


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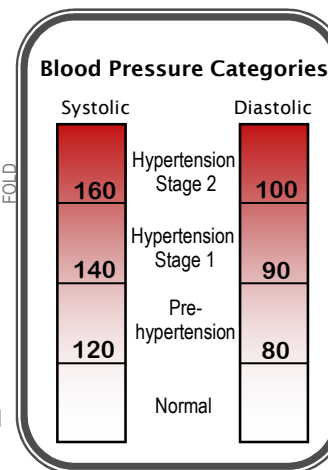


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